

XIX MÍTING INTERNACIONAL D'ATLETISME PALA FRUGELL-COSTA BRAVA

Estadi Municipal Josep Pla Arbonès, Saturday 29 May 2010

TIMETABLE

17,00 100 m W s/f
17,30 100 m M s/f long jump W
18,00 4 x 100 m W s/f discus M
18,15 4 x 100 m M s/f
18,30 400 m W (B + A)
18,40 400 m M (C + B + A)
19,00 1500 m W high jump W
19,10 1500 m M (B + A) long jump M
19,30 110 m hurdles M (B + A) discus W
19,50 100 m hurdles W
20,00 100 m M final
20,05 100 m M final extra
20,15 100 m W final
20,20 100 m W final extra
20,30 4 x 100 m M final (Catalonian Championships)
20,35 4 x 100 m M final out of competition
20,40 4 x 100 m W final (Catalonian Championships)
20,45 4 x 100 m W final out of competition
20,55 4 x 400 m M heat out of competition
21,05 4 x 400 m M (Catalonian Championships)
21,15 4 x 400 m W heat out of competition
21,25 4 x 400 m W (Catalonian Championships)